Here you can find the New Patient Form that you can fill in before your first visit to our practice. Could you please fill it in, sign it and bring it with it you on your first visit.

The duration of a first appointment is approximately 30 minutes. During this visit there will be an intake and a physical examination. Based on your medical history and the physical examination, the chiropractor will put together a treatment plan for you. During the second visit you will receive this information on paper and you can discuss it with the chiropractor. Regular appointments are approximately 10 minutes.

We friendly request that you bring a towel with you to cover the treatment table.

Prices: New patient appointment € 68,00

Regular appointment € 54,00

Further information

- Patients or parents of our little patients, can pay for the treatment directly afterwards. You can pay with cash or with your bankcard. The assistant will give you a receipt which you can send to your insurance company. Most insurance companies cover chiropractic in their extra packages. Our practices, Chiropractie Drachten and Chiropractie Groningen are members of the NCA (Nederlandse Chiropractoren Associatie) and the SCN (Stichting Chiropractie Nederland). This is usually a prerequisite to have your treatments covered by the insurance company.
- If you have to postpone your appointment or cancel your appointment, please do this a minimum of 24 hours ahead of time. If you cancel too late, then unfortunately we will have to send you a bill for the allotted time.

The practice in Drachten is situated next to the city hall, on the Gauke Boelensstraat 4a. You can find us on the ground floor, underneath the dental practice TOSK. If you come by car, follow the signs to the city centre. You can park in front of the practice (paid parking) or on the otherside of the road on the Kiryat Onoplein. You can park there for free for 3 hours, as long as you have a blue parking disc on your dashboard.

The practice in Groningen is located on the Eendrachtskade NZ 23. You can park in front of the practice (paid parking) or around the corner (paid parking). There is also a parking garage (Parkeergarage Westerhaven) close by if you would like to stay and shop in Groningen after your visit with us.

Sincerely, Team Chiropractie Drachten en Groningen

Chiropractie Drachten-Groningen

Last name:	Mobile phone number:
Initials:	E-mail address:
Maiden name:	Referred by: (family)doctor / family / friend / other
First name:	
Date of birth:	Number of children:
Address:	GP:
Postal code:	City of your GP:
City:	Occupation:
Telephone home:	Are you currently working: yes / no
Telephone work:	Hobbies / Sports:

What is your main complaint:

•••••	 	•••••	

When did this complaint start:

·····

How did it arise:

□ Gradually

- Alternating presence
- Constantly present
- □ Suddenly
- Alternating presence
- Constantly present

Is there radiation in:

- □ Arm left / right
- Leg left / right

Gets worse when you:

sit
walk
stand
bend over
lie down
move
move your head
cough or sneeze
other activities / positions

Decreases with:

sitting
walking
standing

□ other activities / positions

□ bending over

□ lying down □ moving

Experts

Experts
Have you been treated for
these comlaints by:
Chiropractor
Doctor
Physiotherapist
Postural therapist
Manual therapist
Podiatrist
Neurologist
Rehabilitation physician
Rheumatologist
Acupuncturist
Surgeon
Pain Team
Homeopath
Orthopedic surgeon
Psychologist
Alternative healer
Other

Your medical situation past problems

- current problems **Muscles and joints** □ □ Between the shoulders □ □ Lower back □ □ Tailbone Groin L / R □ □ Hip L / R $\Box \Box Leg L/R$ □□ Knee L / R □ □ Foot or heel L / R □ □ Shoulder L / R $\Box \Box$ Arm L/R □ □ Elbow L / R □ □ Hand L / R □ □ Wrist L / R □ □ Fingers L / R □ □ Ribs L / R
- □ □ Joint inflammation
- Gout

↓ ↓ *current problems* ↓ ↓ General □ □ Headache

past problems

- □ □ Tinnitus L / R
- □ □ Insomnia
- □ □ Fatigue
- □ □ Nervousness
- □ □ Allergies
- Depression
- □ □ Facial pain L / R
- □ □ Poor appetite
- □ □ Ear / nose / eye complaint
- □ □ Throat complaint
- □ □ Sinusitis
- Deafness L / R
- □ □ Ear infection L / R

Time of the second seco

Indicate where the complaint is:

<pre>past problems current problems Heart and blood vessels Heart problems Stroke High blood pressure Low blood pressure Varicose veins L / R Varicose veins L / R Varicose veins L / R Poor circulation Swelling in the ankles L / R Nemia Respiratory Difficulty breathing Asthma Bronchitis Pneumonia Emphysema Hay fever Chest pain Chronic cough Coughing up blood Coughing up mucus</pre>	<pre>past problems current problems Stomach and intestines Stomach and intestines Stomach Ulcer Appendicitis Appendicitis Gall bladder Liver problems Constipation Diarrhea Ovomiting Hemorrhoids Flatulence Bladder Bladder Kidney Prostate Incontinence Skin Bruising</pre>	<pre>past problems current problems Women Menopause Menstrual cramps Back pain during menstruation Back pain during menstruation Fregular menstruation Excessive blood loss Have you had a miscarriage? Are you possibly pregnant? When was your last menstruation?</pre>
Conditions Angina Pectoris Alcoholism Epilepsy Cancer Multiple sclerosis Polio Meningitis Rheumatism Tuberculosis Diabetes Mononucleosis Thyroid problems Other:	 Dental conditions Teeth grinding, clamping day and / or night If you wear dentures: whole or partial? Fatigued feeling in the jaws Do you have crowns? Do you have a bridge? Does your jaw sometimes make a popping sound? Have you had braces? 	Do you use: □ Orthotics □ Heel filler L / R □ Other How do you sleep: □ Back □ Side □ Belly □ Alternating How old is your mattress: Is your mattress comfortable: □ Yes □ No

	shorter than	between	longer dan	
Date of your last test	6 months 6	6-18 months	18 months	never
Urine test				
X-rays				
Blood test				
Chiropractic exam				
Heart exam				
Habits	excessive	normal	few	not
Appetite				
Coffee				
Alcohol				
Exercise				
Sleep				
Smoking				
Accidents:				
Fractures:				
Operations:				
Hospital admissions:				
Mental illness:				
Medications you take and why:				
Dietary supplements:				

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Do you have any comments:
Where and how are you insured: basic / additional
May we inform your GP? Yes / No
Signature:
Date: